

# Introduction to Security: Windows Workstation

Introduction.....	1
Is This Class Right for You?.....	2
Taking a Systematic Approach to Security.....	3
Reviewing Security Statistics .....	4
Determining the Initial State of Your Computer (Auditing) .....	5
Manual Auditing.....	6
Using the Belarc Advisor Auditing Software.....	9
Conclusion .....	16
Exercise 1: Auditing .....	17
Operating System Specifics .....	18
File System Security .....	18
Secure Login.....	18
Secure Group .....	19
Process Review .....	19
Repair.....	19
Reinstall .....	20
Applications.....	20
Conclusion .....	21
Exercise 2: Operating System Differences .....	22
Physical Access Points.....	23
Basic Input Output System .....	23
Point of Access Dos and Don'ts .....	23
Compromised Objects/Data .....	24
Conclusion .....	24
Exercise 3: Physical Access Points into Your System.....	25
Viruses, Worms, and Detection Software.....	26
Human and Computer Viruses.....	26
Human and Computer Worms .....	26
Guest and Non-Required Software.....	27
Human and Computer Spyware.....	27
Pornographic File Detection .....	27
Pop-Up Detection.....	27
Standard and Electronic Mail.....	28
Telephone Transactions and Cookies .....	28
Conclusion .....	29

Exercise 4: Viruses, Worms, Spyware, Pop-Ups, and E-Mail.....	30
Internet Connections .....	32
Digital Versus Analog.....	32
Broadband.....	32
Local Area Networks .....	33
Wireless.....	33
Securing Digital Connections .....	33
Important Resources .....	34
Conclusion .....	34
Exercise 5: Internet Connection.....	35
Exercise 5 (Advanced).....	36
Securing Data.....	37
Basic Data Security.....	37
Encrypting Data .....	37
Signs of Attacks.....	37
Personal Firewall .....	37
Conclusion .....	38
Exercise 6: Securing Data.....	39
Appendix A: Solutions.....	40